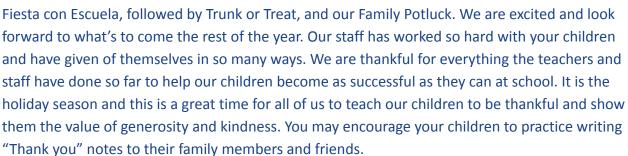
# Escuela SMART Academy: December/January 2023

Escuela Families,

It is hard to believe that 2023 is already nearing the end. We had a wonderful start to the year with the Kickoff to Hispanic Heritage Month-



It is important that during the breaks, we have our children read. In December in order to promote literacy, we will begin our Reading Challenge: Book It Program, where students read daily to earn certificates for a free one-topping Personal Pan Pizza from Pizza Hut! The Reading Challenge will continue up until the Spring and awards will be given at Día del Niño.

It is also important to remind you that we do have an inclement weather plan for the district and have several ways to communicate school delays and closures with our families; the district will do an electronic call to all primary phone numbers in our data system. They also will notify the local news stations and radio stations. In addition, they will post on the TPS Facebook page while we will share on our Escuela SMART Academy Facebook page.

We hope you enjoy the time together with family and friends during the holiday season. We appreciate and thank you for all of your continued support for your child, their teacher, and our school.

Happy Holidays and Happy New Year

Ms. Allen and Ms. Velazquez

Winter Break





### **News from the Office**

Office hours are 7:30 - 3:00 pm	Please do not pick up students in the office after 1:30 pm.		
Doors will not open until 7:30 am	If your student is sick, please call the office first thing in the morning.		
If you are picking up your student early, please call the office no later than noon – 419-671-5550.	If you need to speak with a teacher, please send the teacher a message in Class Dojo. We cannot interrupt them while teaching. We thank you for your cooperation.		
If you are picking up a student at the end of the day, please go to the side door on Field Ave. Wait in your car and provide your student's name.	We understand sometimes you cannot get to school on time to pick up your student. If your child isn't picked up by 2:55pm, security will have to be called to pick up your child.		

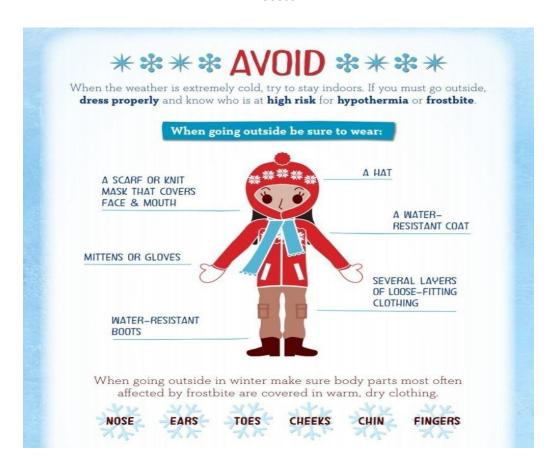


### **Nurse Martha**

Dear Escuela Families,

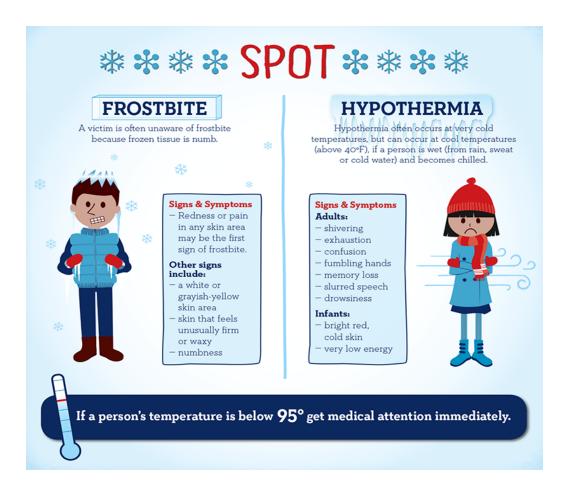
I cannot believe we are in December already! Be careful with dropping temperatures and make sure you and your students dress properly for the cold! Also, please send children with coats, hats and gloves in case they go outside for recess.





\*If your child is in need of any coats, hats, or gloves, please let us know. Call the school (419-671-5550) and ask for Nurse Martha!\*

We are concerned about **Frostbite** and **Hypothermia** when it is too cold outside and not dressed appropriately for the weather. Learn to Spot the symptoms.°



#### Vision

Your child's vision is very important in helping them discover the world around them. If your child has an uncorrected vision problem, it may affect their ability to learn and reach their highest potential. Having a routine eye exam is important to keep their eyes healthy. We have the Vision Mobile coming in January. Please make sure that you sign the consent form so that your child's vision may be checked.

#### **Dental**

According to the CDC, cavities (also known as caries or tooth decay) are one of the most common chronic diseases of childhood in the United States. Untreated cavities can cause pain and infections that may lead to problems with eating, speaking, playing, and learning. Children who have poor oral health often miss more school and receive lower grades than children who don't. We will have a Mobile Dental Clinic coming soon. Please make sure to take advantage of this opportunity to have your child seen.

### **Counselor's Corner**

#### Hello Families!

My name is Mrs. Kaitlin Szozda, and I am the school counselor for Escuela Smart Academy. This is my first year in our wonderful school, and I have loved getting to know your children. One thing I have particularly enjoyed this semester is visiting each classroom and leading anti-bullying lessons. Through these lessons, our students have learned how to identify bullying and what to do in order to stand up to bullying. Additionally, our fourth grade students learned about the concept of empathy and how putting oneself in someone else's shoes can help people work through conflict situations. Our fifth and sixth grade students learned important conflict resolution skills to use with peers. I'm certain that all these lessons will help continue a

culture of friendship and inclusion here at Escuela Smart! Please continue to talk to your child about how to be a kind classmate, how to know if someone is actually bullying or just being mean, and who to report if bullying should happen (classroom teacher, principal, counselor).

Finally, the sixth grade students took part in an important lesson about depression and mental health safety. They learned about clinical depression and how to talk with a trusted adult about mental health struggles. Additionally, they identified positive coping skills to help them in any tough situation. Please ask your sixth grader about the depression lesson and what he or she learned. It's healthy to have open communication about mental

health! For more information about



depression and to access family resources related to depression and/or mental health, visit <a href="https://www.erikaslighthouse.org">https://www.erikaslighthouse.org</a>.

Thanks! Mrs. Kaitlin Szozda, LPSC kszozda@tps.org

## DECEMBER SPIRIT DAYS

Monday

Juesday

Wednesday

Bling in the Holidays



Santa Hat I9 Day



Wear a Santa hat.

Feliz 20 Navidad

Wear red, green, and white.



# STUDENT OF THE MONTH

Pre-K VALERIE STRELOW

Kinder
MELANIE CEBALLO JUSTO
KATY CEDILLO-DE PAZ

1st Grade
JERRY JOHNSON
BRISEIDY MOLINAVALDEZ

2nd Grade YULIANA ROJAS ASHLEY MORA 3rd Grade
HECTOR D. VILLANUEVA
SOFIA ROJAS-OROZCO

4th Grade
ALANY MORENOVELAZQUEZ
MIA CICERO-MIRANDA

5th Grade Ariella gutierrez Sophia mendez-mejia 6th Grade
LIZZY TORRES
SHIRLEY CHAVEZ
RAMOS



GRATITUDE



## **December Breakfast Menu**

### December 2023

## Elementary Child Nutrition & Food Service Department Elementary Breakfast Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				• Maple Waffle • Mixed Berry Fruit Cup • Orange Juice • White Milk 1 % • Maple Waffle • Peach Fruit Cup Frozen • Orange Juice • White Milk 1 %
<ul> <li>Soft-Filled Breakfast Bar</li> <li>Strawberry Fruit Cup</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	<ul> <li>Stuffed hashbrown</li> <li>Mixed Berry Fruit Cup</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	<ul> <li>Homestyle French Toast</li> <li>Peach Fruit Cup Frozen</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	<ul> <li>Uncrustable Breakfast Sandwich</li> <li>Strawberries Diced Cups</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	Strawberry Pop-Tart Yogurt Mixed Berry Fruit Cup Orange Juice White Milk 1%
<ul> <li>Donut</li> <li>Mozzarella String Cheese</li> <li>Strawberry Fruit Cup</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	Cinna Mini Mixed Berry Fruit Cup Orange Juice White Milk 1 %	<ul> <li>Breakfast Scramble</li> <li>Strawberry Fruit Cup</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	<ul> <li>Cereal (Assorted Variety)</li> <li>Mixed Berry Fruit Cup</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	<ul> <li>Breakfast Pizza Bagel</li> <li>Peach Fruit Cup Frozen</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>
Cereal Bar (Assorted Variety)     Strawberries Diced Cups     Orange Juice     White Milk 1 %	<ul> <li>Bagel Whole Grain Cream Cheese</li> <li>Peach Fruit Cup Frozen</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	<ul> <li>Donut Holes</li> <li>Mixed Berry Fruit Cup</li> <li>Orange Juice</li> <li>White Milk 1 %</li> </ul>	NO SCHOOL FOR STUDENTS	WINTER BREAK BEGINS
25 CHRISTMAS DAY	26 WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL

## **December Lunch Menu**

### December 2023

### Elementary Child Nutrition & Food Service Department Elementary Lunch Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<ul> <li>Beef Hot Dog on Whole Grain Bun</li> <li>Potato Rounds</li> <li>Assorted Applesauce</li> <li>White Milk 1 % Chocolate Milk Fat Free Strawberry Milk Fat Free</li> </ul>
Cheese Quesadilla     Refried Beans     Orange Juice     White Milk 1%	<ul> <li>Chicken Sandwich on a But</li> <li>Mini Carrots with Ranch Dressing</li> <li>Assorted Applesauce</li> <li>White Milk 1 % Chocolate Meat Free Strawberry Milk Farree</li> </ul>	Seasoned Potato Wedges     Orange Juice     White Milk 1% Chocolate     Fat Free Strawberry Milk F	Pepperoni Pizza     Tossed Salad with Romaine Lettuce	
Soft Pretzel WOW Bu     Cream Cheese     Mozzarella String Che     Grape Tomatoes     Mixed Berry Fruit Cup     White Milk 1 % Chocc     Fat Free Strawberry I	Grape Tomatoes Orange Juice White Milk 1 % Chocolate N Fat Free Strawberry Milk Fa			,
Cheesy Pull Aparts     Cooked Diced Carrot     Mixed Berry Fruit Cup     White Milk 1% Choco     Fat Free Strawberry I     Free	Slushie Cup     Idate Milk     White Milk 1 % Chocolate N		NO SCHOOL FOR STUDENTS	WINTER BREAK BEGINS
WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL